# Risk register

Location: Pilates 44 studio

Date: 8/12/2020

| Hazard | What is the harm that the hazard could cause? | What is the likelihood that the harm would occur? | What is the level of risk? | What controls are currently in place? | Are further controls required? | Actioned by | Date Due | Date Complete | Maintenance and review |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Step down from top level to lower level  | Vision impaired or senior clients falling or tripping | Low. | Moderate. | Grab rail has been installed.Sight /anti slip strip installed to edge of each step level.Lower level door as an option to enter the Studio for clients that may have trouble navigating the step. | An induction for each customer coming to the studio to be completed before start of their first lesson. | Simmone Cser | 28/09/2019 | Click here to enter a date. | Click here to enter text. |
| Equipment  | Improper use can cause injury.Lack of maintenance can cause injury. | Low. | Low. | Clients coming in to equipment based classes must undertake a fitness assessment along with 2 private 1.1 sessions to become familiar with the safety requirements of the machines.Safety pins are also used on the machines.Semi private equipment based lessons are a maximum of 3 clients, allowing the instructor to supervise each clients form and use of the equipment in relation to their body and capabilities.Equipment is cleaned and maintained daily and checked for springs, ropes, carriage bearings etc every 10 weeks. | Update class times to allow customers to leave before new customer arrive and allow for cleaning between classes.  | Simmone Cser | 28/09/2019 | Click here to enter a date. | Click here to enter text. |
| Fatigue from working longer hours to meet high demand | Injury to staff or others form fatigue related accidents or illness resulting from fatigue. | High due to longer hours caused by increase in cleaning between classes. | High, a physical job with added physical labour. | Ensure maximum amount of classes is reduced as with the number of customers per class to prevent fatigue.Ensure breaks are not taken up with between classes cleaning. Staff are not to work weekends. | Staff encouraged to take time to take classes in their down time. | SimmoneCser | 28/09/2019 | Click here to enter a date. | Click here to enter text. |
| Studio Hygiene | Illness to staff and clients. | Low. | Moderate. If staff become ill there is a risk to the whole of the business.  | Clients and Staff are asked to refrain from coming in to the Studio if they are un well. If a client attends and is un well they are asked to go home.Hand washing facilities and sanitiser are provided and encouraged.Shoes are strictly not worn on the Studio floors with a suitable are for shoes to be left just inside the front door on a rack.Suitable grip socks for Pilates are worn in the Studio and on equipment.All equipment, mats, small props, larger equipment etc is wiped down with an alcohol based cleaner after each use.All frequently high touch areas are cleaned after each session.Floors are vacuumed twice a week and also steam cleaned up to 4 times a week. | Bathroom keys are sanitised with hand sanitiser after each use. Clients are informed of their requirement to do this during induction. | Simmone Cser | 28/09/2019 |  |  |
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